

Video List: Gambling Disorder & Gambling-related Harms

The videos included in this list will serve as a great resource for general education around the harms that people can experience from gambling.

For mental health professionals supporting clients experiencing gambling-related problems, we also suggest exploring the additional resources and training opportunities offered by the MA Technical Assistance Center for Problem Gambling Treatment (M-TAC), which is funded by the MA Department of Public Health Office of Problem Gambling Services. M-TAC is guided by public health principles and focused on equity. All trainings and resources are developed based on best practices and evidence-based information, and offered free of charge. Visit <u>www.m-tac.org</u> to learn more.

- What is Problem Gambling? (English) MA Department of Public Health
- <u>What is Problem Gambling?</u> (Spanish) MA Department of Public Health
- What is Gambling Addiction? American Psychiatric Association
- How Gambling Can Become an Addiction Division on Addiction at Cambridge Health Alliance
- The Silent Addiction Patrick Chester, TEDxSpokane
- <u>Gambling in the Black Community</u> California Office of Problem Gambling
- The Gambling Come Up: Is It A Problem? Black Mental Health Alliance
- <u>Taking Back Control: Lies, Compulsion, and Recovery</u> Shamil Gillani, TEDxKingstonUponThamesSalon